

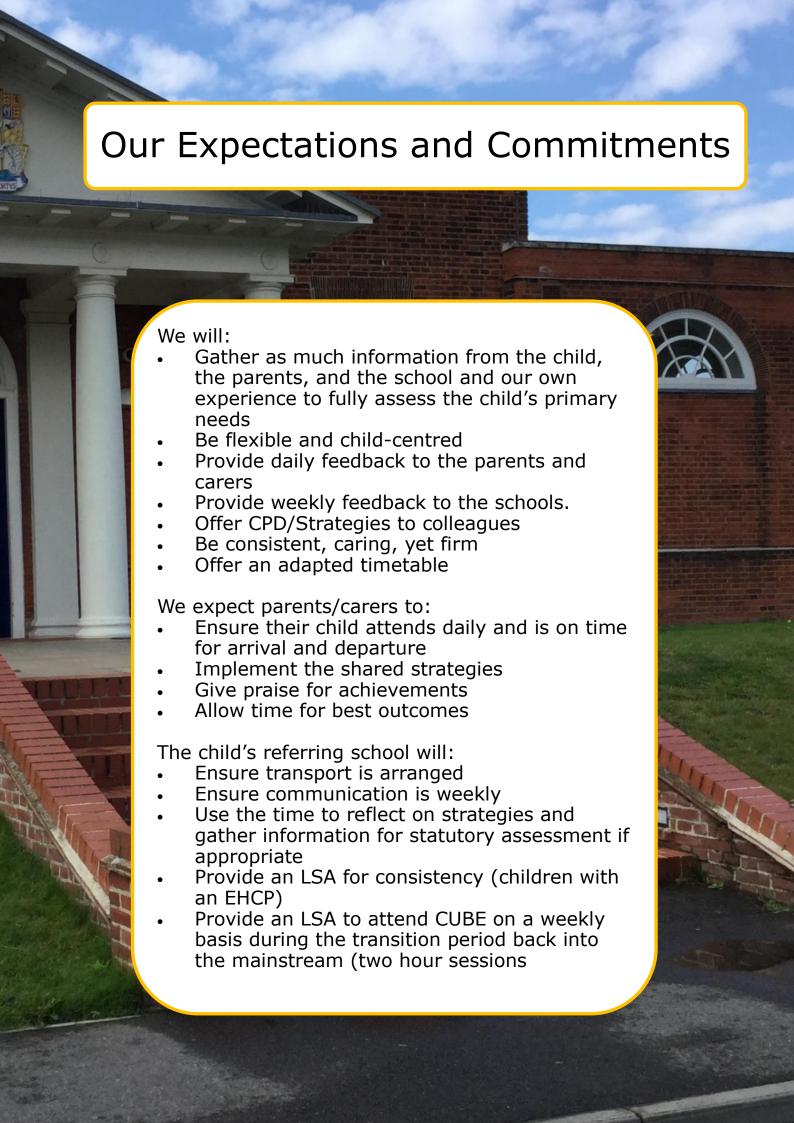
Short Term SEMH Intervention

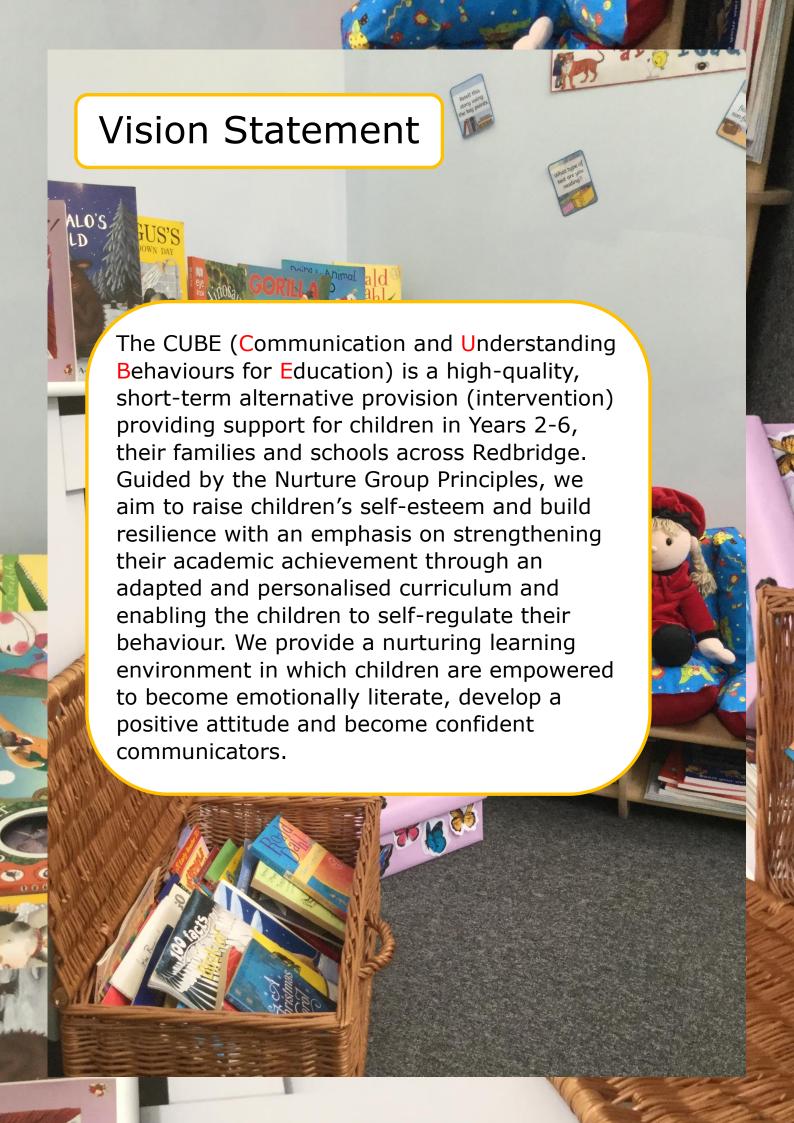
Welcome to the CUBE

Our approach is grounded in the belief that growth is nurtured through care support and development.

Our Intended Outcomes:

- To reduce the risk of exclusion for learners through our bespoke programme based on the six principles of nurture
- To reduce the exclusion rate across the LA
- To successfully re-integrate children into mainstream settings
- To improve outcomes for children in relation to their attendance and academic performance
- To provide children with strategies to manage their behaviourprogressing from co-regulation to self-regulation
- To help children better understand the impact of their own behaviour on others
- To use the restorative justice approach, enabling children to engage in self-reflection.
- To increase children's ability to voice their feelings and emotions in an appropriate manner
- To raise children's self-esteem
- To enable children to recognise and express their emotions through the use of the Zones of Regulation
- To provide CPD for other settings through CUBE staff working with others
- To foster a better understanding of children's primary needs and to provide strategies for implementing positive change





Our Nurturing Environment

Our classrooms are set out in a nurturing, welcoming manner and are each designed to reflect a calm home environment, as well as a regular classroom. Each classroom has a sofa and the furnishings associated with a home. We also have dedicated space for breakfast sessions and reading areas. Our displays are focused on the social and emotional aspects of learning.

In addition, we have calming areas which children use for sensory regulation and as a therapeutic space, focusing on helping children learn to relax and manage their feelings in a positive manner.

Our rich outdoor environment includes an adventure playground, a gym area, a sensory garden, a growing space and a mini-basketball court.

Admissions Criteria

The CUBE (Communication and Understanding Behaviours for Education) is a high-quality, short-term alternative provision (intervention) providing SEMH support for children in Years 2-6, their families and schools across Redbridge. As it is a short term intervention placement, a referral to the CUBE can only be facilitated through a child's mainstream school. The placement is split between CUBE and the mainstream setting so that children still feel part of their mainstream community and have opportunities to practice strategies and develop confidence and resilience in regulating their behaviours. The final decision of a CUBE placement is made by the Chair of the Redbridge Primary Behaviour Panel (RPBP). Decisions are guided by the Equality Act 2010 and the collective view of panel members. The panel consists of the Head of Behaviour and Inclusion and members of the Behaviour and Inclusion Team, Educational Psychologist, Senior Educational Welfare Officer, Senior SEND Team representative, the head teacher of Cranbrook Primary, head teacher representatives from Redbridge primary schools and the CUBE Manager.

The following steps outline the process for admission:

- 1. Referring school has exercised all reasonable and available resources in supporting the child
- 2. Discussion with parents/carers regarding the suitability of a CUBE referral.
- 3. Parental agreement confirmed for the application to CUBE
- 4. Application sent to the RPBP
- 5. Applications are considered when panel meets (Dates are on the Cranbrook Primary website)
- 6. Decision made with regards to a placement being approved
- 7. Schools who have their applications approved are contacted and arrangements are made for a transition to the CUBE.
- 8. Parents/carers, the child and a member of staff from the school visit CUBE prior to starting
- 9. CUBE manager visits the child and staff at the referring school
- 10. A phased entry into CUBE is agreed

Transition to the CUBE

Once the Redbridge Primary Behaviour Panel have agreed to place a child, they visit the CUBE with their parents/carers to meet their new teachers and become familiar with the space before attending.

In order to allow the child to feel safe and comfortable in the new environment and to maintain strong links with their mainstream settings, a typical induction to the CUBE takes the form of a managed transition. Over three weeks, children will begin to spend more time at the CUBE and less time attending their mainstream settings. This gradual build up is illustrated in green in the table below.

Children in Years 2 and 3 attend the CUBE for three days and continue to attend their mainstream settings on Thursdays and Fridays, throughout the duration of the intervention. The same gradual transition is used when they return at the end of their placement. Children in Years 4 to 6 attend the CUBE for four days a week and attend their mainstream settings on Fridays.

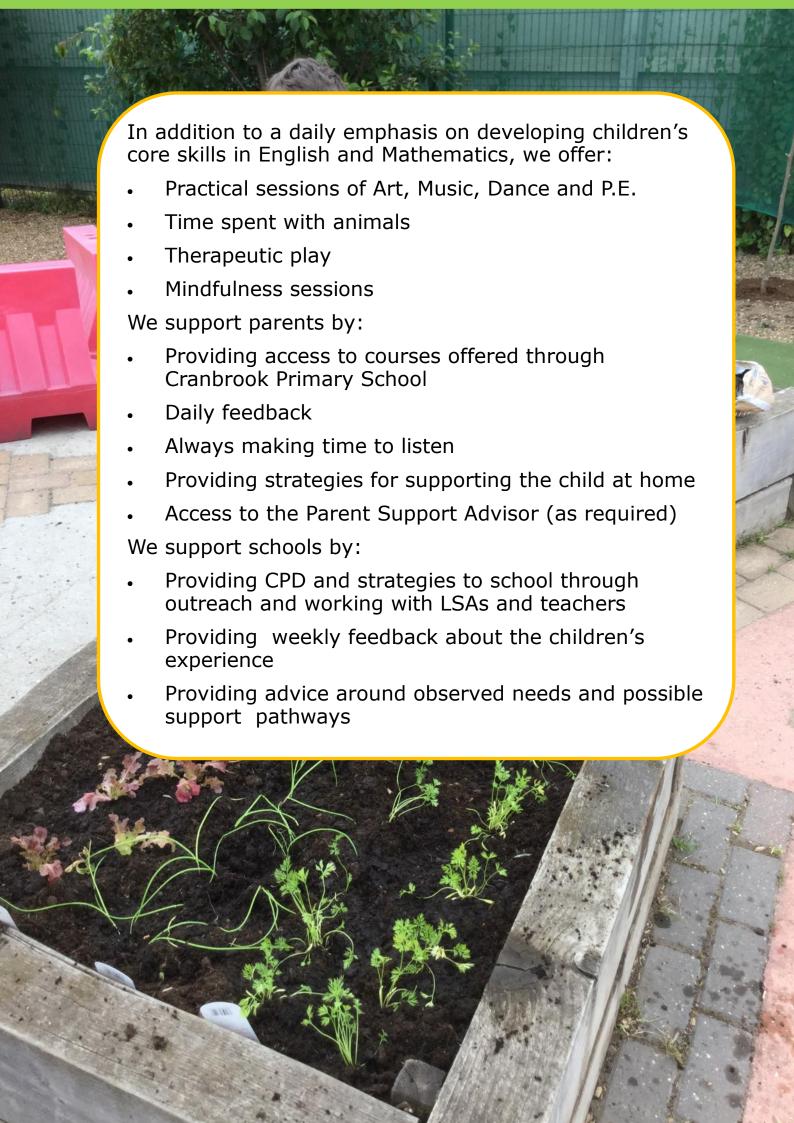
A Table Showing a Typical Transition Into The CUBE Over Three Weeks

	Monday	Tuesday	Wednesday	Thursday	Friday
Week I	l day				
Week 2	2 days				
Week 3	3 days (Year2 and Year3) / 4 days (Year4, Year5 and Year6)				

Learning

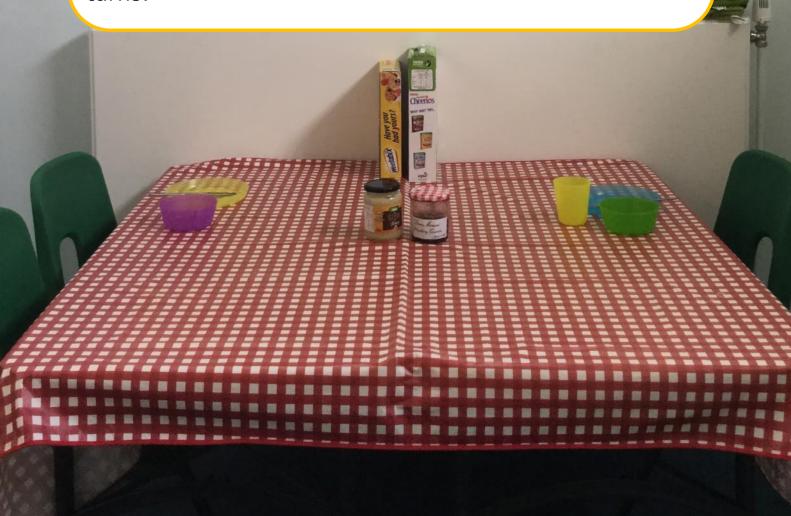
Just as the physical environment of the CUBE is guided by the principles set out by The Nurture Group Principles, so too is our curriculum. Whilst we follow the core subjects of the National Curriculum, the lesson contents themselves are invariably focused on the social and emotional aspects of learning. To this end, we have carefully selected English texts which explore a range of social and emotional issues. The themes encountered in the texts are used as a springboard for cross-curricular learning.

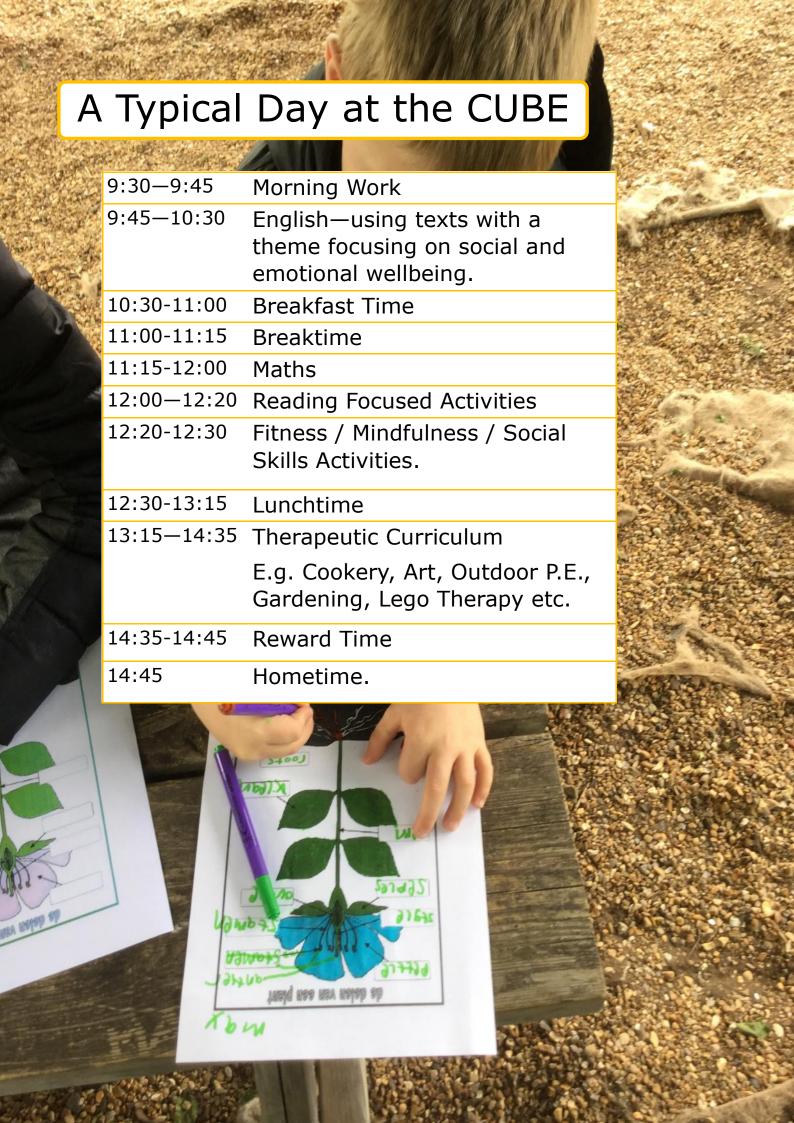
The afternoons are dedicated to therapeutic activities, often with a practical focus. These include but are not limited to food tech, art, design and physical activities. On a termly rotation basis, pupils will take part in outdoor and indoor therapeutic activities which would include court sports, gardening, horse riding and swimming.

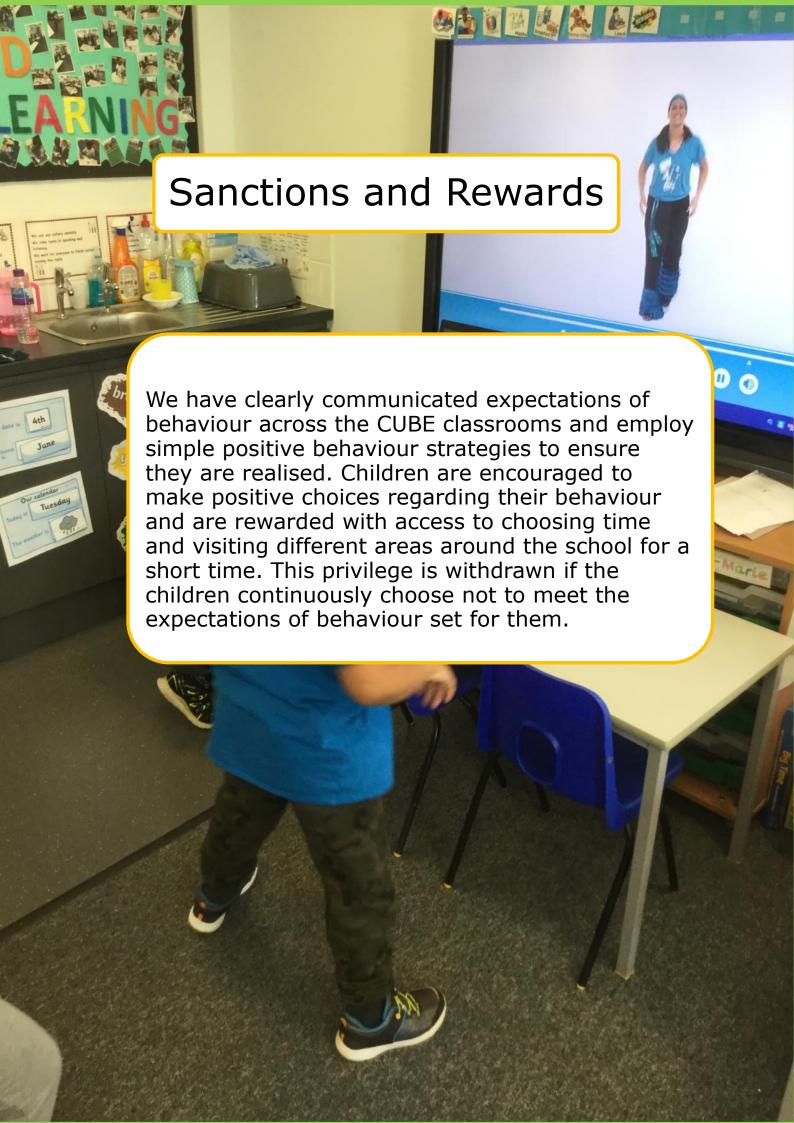




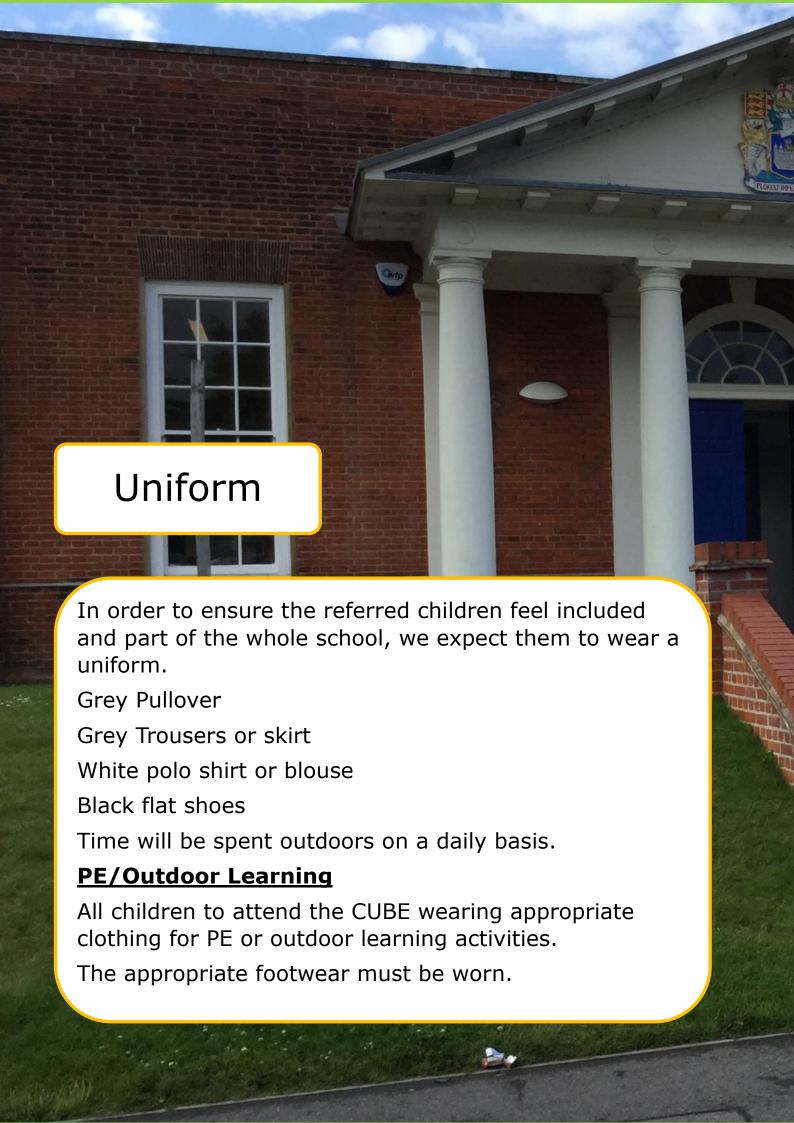
Breakfast is a key part of our day. It allows us to come together as a group and engage in guided talk. We work together to prepare and tidy up after meal of either toast or cereal. This is an essential aspect of nurture practice. The aim of nurture breakfast is to support students to have a positive start to their day. It is a time where child-to-child and child-to-adult relationships are positively fostered and reinforced. During this time children learn the talk about feelings and emotions, acquire the vocabulary to describe how they feel, listen to others respectfully and learn to take turns.











Meet the Staff



Cassim Bana: Headteacher



Samantha Patel: CUBE manager



Donna: KS1 Nurture Teacher



Kay: KS2 Nurture Teacher



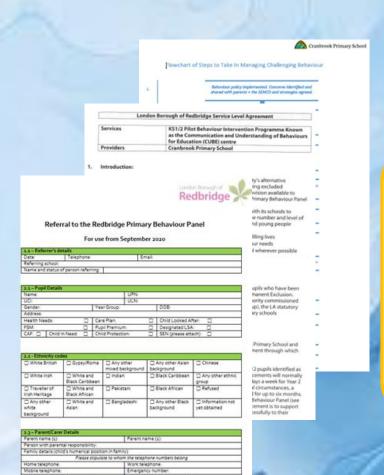
Torain: Play leader / Mentor



Flora: HLTA



Danny: TA



Documentation

- Referral Form
- Service Level Agreement
- Referral Flowchart
- Annual Report

These documents can be found on the Cranbrook Primary School website under the heading 'CUBE'.

Contact Details:

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Telephone: 0208 518 2562

admin.cranbrookprimary@redbridge.gov.uk

Websites:

Nurture UK

Boxall Profiles

Redbridge Behaviour and Inclusion

SEaTTS

Literature:

Attachment in the Classroom: The links between children's early experience, emotional well-being and performance in school: A Practical Guide for Schools. Dr. Heather Geddes

Inside I'm Hurting: Practical Strategies for Supporting Children with Attachment Difficulties in Schools. Louise Michelle Bombèr

What About Me?: Inclusive Strategies to Support Pupils with Attachment Difficulties Make it Through the School Day. Louise Michelle Bombèr

The Zones of Regulation: A Curriculum Designed to Foster Self -regulation and Emotional Control. Leah M.Kuypers