



Cranbrook Primary School

Newsletter

Issue: 29
15th May 2024

Thought of the week

Great things come from hard work and perseverance. No excuses." (Kobe Bryant)

Message from the Headteacher:

Dear Parents/Carers,

It's been a very focused week with our Year 6 children sitting the SATs papers in school this week. Well done to the children and to YOU in helping to support their positive and mature approach to both the preparation and sitting of their SAT papers. I wish them the best of luck in their results as do the whole Cranbrook Team, and we are incredibly proud of them!

While we believe that achieving good results is important, I also want to take the time to remind all our students that it's the effort you put in that counts not the end result.

Our children are talented in so many different ways and never cease to fill me with wonder and awe! We have budding scientists, artists and inventors, medics and musicians, historians, explorers, and philanthropists, entrepreneurs, sporting champions and hopefully some inspiring teachers too! It is so exciting for us to be a part of their journey to becoming amazing individuals. Our children excel in different things at different times so please remind them to always focus on putting in their best effort to all they do and value their unique talents.

Tell them:

"You do you, in the best way you can!"

Well done and keep on shining Cranbrook Kids!

EYFS parents: Thank you for your support in the safety measures we are implementing during drop off and pick up times. They have been very valuable in improving the safety for our children. We appreciate the Pavilion Car park restrictions and the EYFS gate closure have required changes to routines and times so we really appreciate your support and understanding.

Information for Year 5 Parents-11+ Exam

The 11 plus exam for 2025 entrance will be held on **Friday 20 September 2024** – this is the second year we are testing on a weekday as last year was a success, children who sit the test will be given an authorised absence from the primary school.

Registration will open on **1 May and will close at 5pm on 15 June 2024** – this is a strict deadline. It is not possible to register before or after these dates. **The registration period is shorter this month, please ensure your parents are aware! So please note the deadline.**

Parents must register their child when they are in Year 5 during the above registration dates on the following link, children will sit this exam when they are in Year 6: [Redbridge - Redbridge 11 Plus](#)

Key Dates

Term Dates for 2024

Summer Term 2024:

Monday 15th April-Tuesday 23rd July 2024

Half Term break:

Monday 27th May-Friday 31st May 2024

Monday 22nd April 2024-Monday 17th June 2024

Year 5 Red swimming lessons
(every Monday morning)

Year 5B/5Y-Tuesday 21st May 2024

Trip to Maritime Museum

Year 5G/5R-Wednesday 22nd May

Trip to Maritime Museum

Thursday 23rd May 2024

**Year 4 Freshwater Theatre Drama
Workshop in school**

Thursday 23rd May 2024

Year 3R/3Y- Horrible History Boat Tour

Friday 24th May 2024

Year 3G/3B-Horrible History Boat Tour

Friday 11th June 2024

Nursery Living Things Workshop in school

Tuesday 18th June-Wednesday 19th June

Year 5 Residential trip to Gilwell Park

Inset Days 2024:

3rd June 2024

School will be closed on Inset days



Online Safety:

More and more devices are being used amongst children. We know it can be tough to stay on top of kids smartphone use, especially if they are just starting their digital journey. The link below provides useful tips and advice.

<https://www.internetmatters.org/setupsafe/>

Free Webinars for Parents

Dear Parents/Carers

We are pleased to be able to offer you a series of free parenting webinars over the next few weeks.

The webinars will cover key topics which will provide you with materials, guidance and strategies to support your children.

All webinars are free and can be accessed from home in the evenings.

The first topic will focus on '**Supporting A Child Who Is Anxious To Attend School**'.

This will take place on **Tuesday 21st May from 7pm - 8pm.**

Please click on the link which is on the flyer attached to register and you will be emailed a zoom link to join on the day.

Please make the most of this opportunity and join our free upcoming webinars. Please see the flyer attached for more information.

Lost Property If your child has lost an item of clothing in school, please take a look at the **Lost Property Tubs**, which are located in the school playground by the green sheds.



School will be closed on Monday 3rd June for pupils due to Inset day

Wear It Green Day- Thursday 16th May -Non-Uniform day -Mental Health Awareness Week (13-19 May)

The children can wear something green on Thursday 16th May as we will be taking part in Wear it Green Day this Mental Health Awareness week. Let's turn the world green for good mental health!

Please send a voluntary contribution of £1 on the day for non-uniform.

Thank you for your continued support!



Family Maths Challenge:

Answer to last week's challenge: 10,12,14,16

If seven people meet each other and each shakes hands only once with each of the others, how many handshakes will there have been?



Looking after your Mental Health by doing Exercise

Even the thought of starting "exercise" can be off-putting to many people and that's why we're focusing on movement to make you feel good. At a very basic level, physical activity means any movement of your body that uses your muscles and expends energy. One of the great things about moving more is that there are possibilities to suit almost everyone.

Benefits of movement for mental health range from improved mood, reduced anxiety, lowered inflammation and stress, improved memory and concentration, increased confidence, improved sleep and even increased social connectedness.

Often dubbed the 'miracle cure', movement is also one of the few proven routes to prevent poor mental health. A study of over one million Americans on the association between physical and mental health found regular movers reported 12-23% lower levels of mental health problems than sedentary participants when matched for gender, income, and other factors.

If you are just starting out, have caring responsibilities, or work long hours, it's important to remember that even short bursts of movement are beneficial. As little as **15 minutes of movement a day has been shown to positively impact mental health** (although the more often we move, the bigger the benefit).

So let's get moving and aim for at least 15 minutes a day!





Attendance Winners

Well done to **Year 3 Blue & Recepton Red** for achieving **100%** attendance this week!

Remember Good attendance= Good Progress

Congratulations to **3 Green** on completing the 15 days attendance challenge for "Every day matters" and achieving 100% attendance.

Email address to report an Absence:

Please report any absence for your child on the email address below:

absence@cranbrookprimary.redbridge.sch.uk

Gold Awards: : Adriel. S, Mustafa. I, Sukhman. B, Ishika. B-1R, Haadi. F, Inaya. T-4Y, Yaasir. A, Murtaza. H-4G, Maryam. J, Farnaz. K, Taiba. B, Siam. M, Aasiyah. S-4B

Reception Star of the Week for Writing: Vikram. S, Yasna.C-RR, Tahsin. M-RG, Harem. N, Hashim. S-RB, Ifrahim. D-RY

Achievement Awards for RE :

Name	Class
Aleena. B	1R
Zain. K	1Y
Dhruv. B	1G
Talha. A	1B
Safeeya. I	2R
Sumaiyah.R	2Y
Faizan. J	2G
Ayaan. K	2B
Gurpreet. G	3R
Zakariyah. P	3Y
Keyan. M	3G
Pranaya. A	3B
Nidhika. P	4R
Shahd. EL-Shafei	4Y
Zahid. S	4G
Fatima. A	4B
Yusuf. A	5R
Zayan .K	5Y
Aliasghar. S	5G
Rezwana. W	5B
Mariam. C	6R
Sumaya. M	6Y
Jessie. S	6G
Safira. H	6B

Star of the ARP:

Damilola. O



Rights Respecting:

Article 21 - This article states that when a child is adopted their interests should come first. This means people should listen to what the child wants and take this into consideration. We have learnt about this right in assemblies where we focus on different articles from time to time.

Aisha Rehman 5G

It is important that all parents, adults and children know the rights of a child. They should be followed always. They protect children from danger. By learning and following the rights of a child, we ensure we protect children and give them freedoms to express themselves.

Well done everyone!

VISITORS CODE OF CONDUCT:

We expect visitors to:

- Understand that both teachers and parents/carers need to work together for the benefit of their children.
- Demonstrate that all members of the school community should be treated with respect and therefore set a good example in their own speech and behaviour.
- Be professional and respectful at all times in their conduct and communication.
- Seek to clarify a child's version of events with the school's view in order to bring about a peaceful solution to any issue.
- Correct their own child's behaviour, especially in public, where it could otherwise lead to conflict, aggressive or unsafe behaviour.
- Approach the school to help resolve any issues of concern.

Sports Days Wednesday 3rd, Thursday 4th and Friday 5th May 2024

Please see the below dates for Sports days 2024:

Wednesday 3rd July – EYFS

Thursday 4th July - Years 1 to 3

Friday 5th July - Years 4 to 6

Hubs, ARP and Cube will have their Sports day separately.

More information will be shared in the following weeks.



Use of the School Field by Year 5 (Tues & Thurs) & Year 6 (Mon, Wed & Fri) at Lunchtimes

Parents, please note, children in Years 5 and 6 will be using the field from next Wednesday. The children who bring a packed lunch will be allowed to go over to the field for the duration of lunchtime with supervision, so that we can make the most of the weather from next week. Any child on free school meals will be provided with a meal.



Who Inspires YOU!

We would love you, our parents & carers, to share recommendations of individuals who inspire you or your children, especially from your own culture.

Your diverse insights will contribute to a variety of inspirations within our school community.

Please send them to:

Admin.cranbrookprimary@redbridge.gov.uk



Celebrating Cultural Connections-Celebrating diversity across our school:

Sharon White: Dame Sharon White is a highly successful businesswoman who made history when she became the **first female Chairman of John Lewis Partnership**. A former civil servant, she's also a pioneer for black women everywhere and was the first black person to be named Permanent Secretary at the Treasury. Sharon's life and career have seen her become a hugely popular diversity and inclusion speaker whose successes are sure to inspire audiences everywhere.

In 2020, she was made a dame for her public service and was also named one of the **'Most Powerful Black Britons' on the Powerlist**. Since becoming Chairman of the John Lewis Partnership, there is no doubting that Sharon has made a lasting impression thanks to her fantastic leadership qualities. Prior to making the move into retail she also worked as the **Chief Executive of Ofcom** where she was in charge of the media regulators for four years. During her diversity and inclusion speaking events, she is able to explain the importance of bringing diversity to such organisations.

Over the last 30 years, Sharon has committed her life to her impressive career and now as a diversity and inclusion speaker, she is able to bring this wealth of experience to each and every event she attends. A hit wherever she goes, she is able to explain how she overcame gender and racial barriers to hold some of the most prestigious positions of success.